

# DEEP IMPACT WITH DAVID

## LIFE GROUP MATERIAL

### Meeting no 8 THEME: Resilience

**Prepare** yourself with prayer for the meeting. Read I Samuel 30 (and listen to the sermon).

**20.00 – 20.10 Start** Today's chapter from the Bible deals with a comeback of David's spiritual life. After he has strengthened himself in the Lord his God, we see a revived David. What does your spiritual life look like at the moment? (we may be honest!)

**20.10 – 20.15 Pray** and mention what has been shared.

**20.15 – 20.30 Bible passage:**

Read I Samuel 30: 1 – 6. Can anyone tell what happened afterwards?  
Below a summary of the sermon:

Why David's spiritual life came back: When David decided to go to the Philistines, he didn't inquire of the Lord. It seems that David started to make his own choices to get safety. And his behaviour towards king Achis was hypocritical. God however brought him first in a situation where he was confronted with his hypocrisy and then God brought him into perhaps the deepest crisis of his life. David's spiritual life came back because God led him to see that he really needed to go back to God. It is God Who awakens us and calls us back, revivals come thanks to God's faithfulness and grace.

How David's spiritual life came back: 'David strengthened himself in the Lord, his God'. When nothing in his circumstances could offer him any comfort, strength or guidance, David went praying to his God. Strengthening yourself in the Lord your God is on the one hand 'your activity'. On the other hand, it is to open up yourself for God's activity: reminding yourself of Who God is, what He has done and said and promised.

What the results were of this comeback:

- Search and obey: David again searched for the will of God; and obeyed (in trying to find Amalek). Do we think about the will of God for us and ask Him to confirm us? Look at Jesus!
- Stable: David was stable in his obedience, though 1/3 of his men couldn't continue with him. Is stability and faithfulness something that characterises us? Look at Jesus!
- Spend: David spends time and food with a starving Egyptian boy (although they were in a hurry). Do we pay attention to those who we find on our way, in need of help, though it feels that we don't have time? Look at Jesus!
- Save: David risked his life and fought with a mighty army to save his loved ones. May our being involved in God's plan for bringing salvation and blessing to others cost us something? Look at Jesus!
- Share: David shared with those who remained at the brook of Besor and with his brothers (in need) in Judah. Do we value, share with and care about the rest of Christ's body? Look at Jesus!

**20.30 – 20.50 Digging deeper**

- A comeback of spiritual life: do you/we need this at the moment?
- Look at the five results and take a moment in silence. Is there one of these five wherein God (through His Spirit) is reminding you of something now?

**20.50 – 21.00 End** the Life Group meeting with praying together.