

PRAY WITH THE KING

LIFE GROUP MATERIAL

4th Meeting THEME: How to deal with restlessness

Prepare yourself. Pray for your Life Group's meeting. Read Psalm 2

20.00 – 20.10 Start Sometimes to trust and obey Jesus goes together with restlessness. Have you experienced that?

20.10 – 20.15 Pray. Thank God for His powerful word, that we may hear and proclaim. Thank and ask for God's Spirit.

20.15 – 20.40 Bible passage

Before you read: Do we remember what Psalm 1 was all about? Can someone remind us of its message?

NB: when you read Psalm 2, see before you: God's people singing to God in the temple, with their (recently?) anointed King, the King loves God's law and wants to rule accordingly. Then nations hear about it and come together to fight against this King, with His law, kingdom and people and want to crush it all.

Read Psalm 2 twice. (Or read & sing it)

Look again at verses 1-3 A reason for the restlessness

- According to the Psalm, why is the world so restless? (N.B. 'plot' is the same word as 'meditate' in Ps. 1:2). Do you see this in today's world?

Look again at verses 4-6 The response on the restlessness (1: of God)

- God's people and their Messiah often seem vulnerable and weak. Why are verses 4-6 important?

Look again at verses 7-9 The response on the restlessness (2: of the Messiah)

- How do these verses finally point to Jesus? Does verse 9 also apply to Jesus? Read Revelation 6:15-17 for an answer. (s. also Rev. 2:27, 9:15)

Look again at verses 10-12 The response on the restlessness (3: of the people of the Messiah)

- These verses contain a warning and an invitation to join the Messiah's people. The Psalm ends with 'blessed' as Psalm 1 began with this word. What do these verses mean for us today?

20.40 – 20.50 Digging deeper

Read Acts 4:23-31, this is just after Peter and John had been intimidated and released. See how they use Psalm 2 in their (common) prayer. What do you learn?

20.50 – 21.00 End Read the Psalm again and let the Psalm inspire your prayers!