

PRAY WITH THE KING

LIFE GROUP MATERIAL

10th Meeting **THEME: The Lord's attributes – a source of prayer**

Prepare yourself. Pray for your Life Group's meeting. Read Psalm 139

20.00 – 20.10 **Start** To look from your problems to God, or to look from to your problems - what is the difference?

20.10 – 20.15 **Pray** Ask God's Spirit to help you learn tonight how you can look from God to your problems.

20.15 – 20.40 **Bible passage**

Introduction / before you read the passage: With Psalm 139 the book of Psalms almost comes to its end, with the many 'hallelujah's' in Psalm 145-150. But, as with a long journey, the final part is not always easiest. In Psalm 137 there is referred to the (very problematic) exile. Then follow (again!) 8 Psalms of David. These good old Psalms should be helpful to get through and persevere until the end. Psalm 138 is a great cry for help, heard by God. Then follows Psalm 139. When you don't yet see any answer, what can you do? You can meditate on who the Lord is. And let his attributes inspire you to pray.

The Psalm can be divided into three: 1) verses 1-18: The Lord's attributes inspire to praise God in your prayers. 2) verses 19-22: The Lord's attributes inspire to take your position in your prayers. 3) verses 23-24: The Lord's attributes inspire to prepare yourself in your prayers.

Read: Psalm 139

Look again at verses 1-18: Meditating on his' attributes in prayer: Praise God

- Where do you see that some form of praise or amazement is uttered?
- Which reasons are given in the passage for this praise or amazement?
- Is there something you (want to) learn from these verses?

Look again at verses 19-22: Meditating on his' attributes in prayer: take your position before God

- Were these verses a 'slip of the tongue' of David?
- Read Luke 14:26 and Matthew 16:23. What do you learn here?
- Is there something we (should) learn from these verses?

Look again at verses 23-24: Meditating on his' attributes in prayer: prepare to meet God

David and God's people want to be on the way home, the way that leads to being with God forever. Therefore, we must ask God: is there anything that hinders? Read Revelation 21:7-8, 27. How must and can we deal with remaining sin in our lives?

Look at how this Psalm is fulfilled in Jesus

Can you mention a few things how this Psalm was of comfort and help for Jesus?

20.40 – 20.50 **Digging deeper: a Psalm for us**

Read the Psalm once more and take a few minutes of silence. Then let each answer this question: Which verse or what thought or lesson from this Psalm is especially important for you at the moment?

20.50 – 21.00 **End** End your meeting with prayer.