

PRAY WITH THE KING

LIFE GROUP MATERIAL

9th Meeting THEME: Complete safety in Christ

Prepare yourself. Pray for your Life Group's meeting. Read Psalm 91

20.00 – 20.10 Start Take a short moment of silence. Then share: about what are you concerned (from time to time).

Take another short moment of silence. Think about this: as Christians and as churches we fail (from time to time) to live the lives we could live in and through Christ. Then share: are you concerned about that? (Very much/not at all)

20.10 – 20.15 Pray. Thank God for the book of Psalms. Ask God for the help of the Holy Spirit to understand and apply tonight's Psalm.

20.15 – 20.40 Bible passage

Introduction / before you read the passage: Did you know that the book of Psalms consists of five volumes? The first two volumes contain many Psalms of David. Through many hardships, he became king. And received a view of an eternal, wonderful kingdom. (See Ps. 72; last Psalm of volumes 1 & 2). In volume three, we hear many laments, because God's people were exiled, because of their sins. No land, no city, no temple, no king – though God had made his promises. (See Ps. 89; last Psalm of volume 3). Volume four opens with a Psalm (90) that laments because God's people have not been the Psalm 1-kind of people, keeping and loving God's Word. In their need, they cry out to God with words of Moses. God can still give a new Exodus, a new Redeemer, the promised (Psalm 2-kind of) King. In Psalm 91 a Person is presented to us. He is in the midst of problems. But he completely relies on God. And is helped, delivered and exalted by God. He triumphs over all the enemies that wanted to defeat him.

Read: Psalm 91

Look again at verses 1-2: We hear words spoken about this person

- What strikes you in what is said about this person? (Also feel free to share what you don't understand; here, or later on in the other parts of the Psalm)

Look again at verses 3-8: We hear words spoken to this person

- Try to summarise very shortly in your own words: what is said here to this person?

Look again at verse 9a: We hear words spoken by this person:

(a very good translation is: 'For you, o Lord, are my Refuge!')

Look again at verses 9b-13: We hear words spoken to this person:

- Try to summarise these verses again very shortly with your own words. Do you see a coherence with vs. 3-8?

Look again at verses 14-16: We hear words spoken about this person

- Who is speaking here? Which word comes back repeatedly? If you summarise, what is promised here?

Look at how this Psalm is fulfilled in Jesus

Whereas we all have problems in trusting and obeying God as we should, the main person of this Psalm hasn't that problem. He is surrounded by troubles. But he trusts God. How and where do you see this Psalm was fulfilled in Jesus?

20.40 – 20.50 Digging deeper: a Psalm for us

As we take our refuge in Jesus as Saviour and Lord, what applies to Jesus applies to us.

- So, don't we need to take care of our safety? (See Mk. 3:6-7, Mt. 4:5-7)
- Have you ever experienced God protected you in a special way from danger?

Sometimes Christians die because of a disease, or are killed.

- Then how is this Psalm still deeply true for believers? (See Rom. 8:31-39 or Hebr. 2:14-18)

20.50 – 21.00 End Read the Psalm again and let the Psalm inspire your prayers!