

Grow in confidence – with Luke’s Gospel

MATERIAL for Life Groups and for Discipleship Triplets

17th Meeting **THEME: Troubled by the risen Lord**

Prepare Pray for your meeting and read Luke 24:36-43

20.00 – 20.05 Icebreaker to begin with: There are things that we would never have expected. Negative and sad things (we probably can give many examples). But also, positive and wonderful things. Could you give an example of the latter?

20.05 – 20.10 Pray Ask God for His Holy Spirit to speak to you through His Word today.

20.10 – 20.35 Bible passage Read **Luke 24:36-43** twice

The disciples are troubled by the appearance of the risen Lord. Rather than that they were expecting such a meeting and looking forward to it, they couldn’t believe that He was really physically in their midst.

- How does this remind us of Zechariah, in the beginning of Luke’s Gospel?
- What could be the reason that Luke wanted Theophilus (1:1-4) and us to know that Jesus’ appearance caused trouble and doubt to Jesus’ disciples?
- A lack of evidence could be an explanation for a lack of faith and belief. But here it seems there is abundant evidence (and still a lack of faith and belief). What do you learn from that?
- In the last verses of Luke’s Gospel, we see that Jesus’ disciples are joyful and confident, they ‘bless God’. If it was not merely evidence that changed and transformed them, what then was it (that might also be able to change and transform us)? To find an answer to this question read 24:44-53.

20.35 – 20.50 Digging deeper: Troubled by the risen Lord

Our risen Lord, our great High Priest, wants us to have a deep confidence in Him and in all His promises. Are you aware that in some areas you have recently been ‘troubled, with doubts in your heart’?

Take some minutes of silence and ask this question: what does the Lord tell you today?

20.50 – 21.00 End Share and end with prayer for each other.